



UK Snowsport Coaching Workforce Form for COACHES AND INSTRUCTORS

The following questions are aimed at assisting UK Snowsport (Snowsport England SSE, Snowsport Scotland SNSC, Ski Council for Wales SCOW) in supporting the delivery and development of coaching – TO BE COMPLETED BY ALL COACHES AND INSTRUCTORS - WHETHER ACTIVE, INACTIVE, QUALIFIED OR UNQUALIFIED. This is your opportunity to let us know about your coaching including the challenges that you face so we can improve our support to you in the future. Please answer all questions as honestly as possible.

Your full name:

Your county:

Your phone number:

Your postcode:

Your email address:

SNOWSPORT COACHING- Includes any coaching, teaching or instructing in skiing or snowboarding (This coaching maybe within any form of skiing or snow boarding such as Alpine, Nordic, Telemarking, Freestyle).

About your snowsport coaching and instructing

1. **Have you undertaken any snowsport coaching within the last 12 months?** Yes No (This includes any candidate instructor sessions or supervised coaching hours)

2. **In which of the following coaching environments/settings have you coached in the last 12 months?**
(Please tick ALL that apply)

1. <input type="checkbox"/> Indoor sports facility within the UK (Artificial Snow)	7. <input type="checkbox"/> Outdoor Snow facility within the UK (Hill/mountain)
2. <input type="checkbox"/> Indoor sports facility within Europe (Artificial Snow)	8. <input type="checkbox"/> Outdoor Snow facility within Europe (Hill/mountain)
3. <input type="checkbox"/> Indoor sports facility outside of Europe (Artificial Snow)	9. <input type="checkbox"/> Outdoor Snow facility outside Europe (Hill/mountain)
4. <input type="checkbox"/> Outdoor facility within the UK (Dry Slope/Nordic track)	10. <input type="checkbox"/> Any other (please write in) _____
5. <input type="checkbox"/> Outdoor facility within Europe (Dry Slope/Nordic track)	
6. <input type="checkbox"/> Outdoor facility outside Europe (Dry Slope/Nordic track)	

About your snowsport coaching within the UK

3. **Have you typically coached in the UK within an unpaid/voluntary, paid part-time and/or paid full-time capacity in the last 12 months?** (Please tick ALL that apply)

1. <input type="checkbox"/> Unpaid (Voluntary) – note: travel and other sundry expenses do not count as payment
2. <input type="checkbox"/> Paid part-time or paid sessional (less than 30 hours' paid work per week)
3. <input type="checkbox"/> Paid full-time (over 30 hours' paid work per week)

4. **What organisation or group have you coached for in the UK within an unpaid/voluntary, paid part-time and/or paid full-time capacity in the last 12 months?** (Please tick ALL that apply)

1. <input type="checkbox"/> Single Sport Club	10. <input type="checkbox"/> County/Regional Training Squad
2. <input type="checkbox"/> Multi-Sport Club	11. <input type="checkbox"/> High Performance Training Squad
3. <input type="checkbox"/> University	12. <input type="checkbox"/> Institute of Sport
4. <input type="checkbox"/> College/Sports College/ Further Education	13. <input type="checkbox"/> Schools of Sport (Northern Ireland only)
5. <input type="checkbox"/> School (Inside PE lessons)	14. <input type="checkbox"/> Membership Club
6. <input type="checkbox"/> School (Outside PE lessons)	15. <input type="checkbox"/> Private sports facility
7. <input type="checkbox"/> Community Project/Scheme	16. <input type="checkbox"/> Outdoor Activity Centre
8. <input type="checkbox"/> Leisure Centre/Local Authority scheme	17. <input type="checkbox"/> Private One – One Coaching
9. <input type="checkbox"/> Youth Club/Youth organisation	18. <input type="checkbox"/> Other (please write in) _____

5. **On average, how often have you coached in the UK within the last 12 months?** (Please tick ONE only)

1. <input type="checkbox"/> Almost every working day	3. <input type="checkbox"/> At least once a month	5. <input type="checkbox"/> At least once in the last year
2. <input type="checkbox"/> At least once a week	4. <input type="checkbox"/> At least every six months	

6. On average, how many hours per week do you typically spend in the UK on the following coaching activities? (Please insert number of hours per week)

	Hrs per wk		Hrs per wk
1. Preparing for coaching		4. Coaching related administration	
2. Delivering coaching		5. Coaching related travel	
3. Reviewing coaching		6. Developing coaching knowledge and skills	

7. What type of snowsport have you coached in the UK within the last 12 months? (Please tick ALL that apply) – UK Snowsport understand that a coach may coach more than one type of snowsport

1. <input type="checkbox"/> Alpine Skiing	6. <input type="checkbox"/> Skier Cross	11. <input type="checkbox"/> Freestyle Snowboarding
2. <input type="checkbox"/> Nordic	7. <input type="checkbox"/> Half Pipe Skiing	12. <input type="checkbox"/> Snowboard Cross
3. <input type="checkbox"/> Telemarking	8. <input type="checkbox"/> Mogul Skiing	13. <input type="checkbox"/> Snowboard Half Pipe
4. <input type="checkbox"/> Speed Skiing	9. <input type="checkbox"/> Aerial Skiing	14. <input type="checkbox"/> Other (please write in) _____
5. <input type="checkbox"/> Freestyle Skiing	10. <input type="checkbox"/> Snowboarding	

8. What specialist coaching role(s) have you coached in the UK within the last 12 months? (Please tick ALL that apply) - Snowsport understand that a coach may have more than one specialism

1. <input type="checkbox"/> Coaching mini, children and juniors (Under 18)	7. <input type="checkbox"/> Coaching for county/regional competition
2. <input type="checkbox"/> Coaching adults/seniors (Over 18)	8. <input type="checkbox"/> Coaching High Performance (national/international)
3. <input type="checkbox"/> Coaching beginners/learners	9. <input type="checkbox"/> Instructor or coach tutoring
4. <input type="checkbox"/> Coaching recreational users	10. <input type="checkbox"/> No specialism I coach all of the above
5. <input type="checkbox"/> Coaching people with a disability	11. <input type="checkbox"/> Other (please write in) _____
6. <input type="checkbox"/> Coaching for club competition	

9. Have you provided performance level coaching in the UK within the last 12 months? Yes No
If yes, what level of performance have you coached? (Please tick ALL that apply)

1. <input type="checkbox"/> Local	2. <input type="checkbox"/> County	3. <input type="checkbox"/> Regional	4. <input type="checkbox"/> Country	5. <input type="checkbox"/> UK/GB	6. <input type="checkbox"/> International
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10. What age of participant have you provided coaching to in the UK within the last 12 months? (Please tick ALL that apply)

1. <input type="checkbox"/> Up to 5 years	3. <input type="checkbox"/> 12 to 16 years	5. <input type="checkbox"/> 25 to 34 years	7. <input type="checkbox"/> 45 to 54 years	9. <input type="checkbox"/> 65 to 74 years
2. <input type="checkbox"/> 6 to 11 years	4. <input type="checkbox"/> 16 to 24 years	6. <input type="checkbox"/> 35 to 44 years	8. <input type="checkbox"/> 55 to 64 years	10. <input type="checkbox"/> Over 74 years

UK Snowsport (SSE, SNSC, and SCOW) wants to find out about the ratio of coaches to skiers or snowboarders, but recognises that no one session is alike. To help us understand the ratio of coaches, and other individuals that provide support to skiers or snowboarders please complete the following three questions using an estimated average figure.

11. On average, what is the most common group size that you coach within the following sessions?
 (Please insert the number of participants which may range from one individual to groups of 15 or more)

1. Beginner ski/snowboard sessions		5. Club training session	
2. Learn to ski/snowboard day sessions		6. County/regional training session	
3. Improver ski/snowboard sessions		7. High Performance training session	
4. Recreational ski/snowboard sessions		8. Coach/instructor training session	

12. On average, how many other coaches support you in delivering coaching within the following sessions?
 (Please insert the number of coaches other than yourself include other qualified coaches and candidate instructors)

1. Beginner ski/snowboard sessions		5. Club training session	
2. Learn to ski/snowboard day sessions		6. County/regional training session	
3. Improver ski/snowboard sessions		7. High Performance training session	
4. Recreational ski/snowboard sessions		8. Coach/instructor training session	

13. On average, how many other individuals (not coaches) support you in delivering coaching within the following sessions? (Please insert the number of other individuals include other seniors 18 and over, juniors aged 12-18 and parents etc)

1. Beginner ski/snowboard sessions		5. Club training session	
2. Learn to ski/snowboard day sessions		6. County/regional training session	
3. Improver ski/snowboard sessions		7. High Performance training session	
4. Recreational ski/snowboard sessions		8. Coach/instructor training session	

About you're coaching qualifications and education

14. Do you have an up-to-date recognised coaching/instruction qualification for snowsport? Yes No
If yes, what up-to-date recognised coaching/instructing qualifications for snowsport do you hold?
 (Please tick ALL that apply)

1. <input type="checkbox"/> I don't hold any qualifications	9. <input type="checkbox"/> UK Snowsport Level 3 (Performance Coach)
2. <input type="checkbox"/> I am currently a candidate instructor	10. <input type="checkbox"/> UK Snowsport Level 4 (Performance Coach)
3. <input type="checkbox"/> UK Snowsport Level 1 Instructor (Recreational – Club)	11. <input type="checkbox"/> BASI Level 1 Alpine
4. <input type="checkbox"/> UK Snowsport Level 2 Instructor (Recreational - ASSI)	12. <input type="checkbox"/> BASI Level 2 Alpine
5. <input type="checkbox"/> UK Snowsport Level 3 Coach (Recreational)	13. <input type="checkbox"/> BASI Level 1 Snowboard
6. <input type="checkbox"/> UK Snowsport Level 4 Coach (Recreational)	14. <input type="checkbox"/> BASI Level 2 Snowboard
7. <input type="checkbox"/> UK Snowsport Level 1 (Instructor)	15. <input type="checkbox"/> In-house training and grading system
8. <input type="checkbox"/> UK Snowsport Level 2 (Performance Coach)	16. <input type="checkbox"/> Other (please write in) _____

15. Have you taken up any of the following professional development opportunities/ learning experiences in the last 12 months? (Please tick ALL that apply)

1. <input type="checkbox"/> I have not done any professional development in the last 12 months
2. <input type="checkbox"/> National or Regional coaching conferences
3. <input type="checkbox"/> Opportunity to work with a coach mentor
4. <input type="checkbox"/> Opportunity to work with/observe another snowsport coach/higher qualified coach
5. <input type="checkbox"/> Distance/ Online learning
6. <input type="checkbox"/> Reviewing coaching books, magazines and journals, DVDs, videos, CD-ROMs
7. <input type="checkbox"/> Assistance with Personal Development Planning
8. <input type="checkbox"/> 1:1 Training Needs Analysis with a coach developer
9. <input type="checkbox"/> A coaching workshop/training event set up by UK Snowsport (SSE, SNSC, SCOW)
10. <input type="checkbox"/> A coaching workshop/training event set up by an organisation other than UK Snowsport (SSE, SNSC, SCOW)
11. <input type="checkbox"/> Talks by guest coaches/speakers from other areas/countries
12. <input type="checkbox"/> Other (please write in) _____

16. What, if any, challenges do you face in trying to develop as a coach/instructor? (Please tick ALL that apply)

1. <input type="checkbox"/> I don't face any challenges	8. <input type="checkbox"/> Lack of information on next steps
2. <input type="checkbox"/> Access to training and development	9. <input type="checkbox"/> Lack of club support
3. <input type="checkbox"/> Cost of training and development	10. <input type="checkbox"/> Lack of county support
4. <input type="checkbox"/> Distance to training and development	11. <input type="checkbox"/> Lack of regional support
5. <input type="checkbox"/> Limitations of venue/facilities	12. <input type="checkbox"/> Other (please write in) _____
6. <input type="checkbox"/> Lack of time	

Future coaching and coach development

17. Do you expect to do more, the same, or less coaching over the next 12 months? (Please tick ONE only)

1. <input type="checkbox"/> More	2. <input type="checkbox"/> Same	3. <input type="checkbox"/> Less
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18. On average, how many direct coaching delivery hours per week would you expect to be undertaking over the next 12 months? (Please insert the number of hours per week)

Hours per week delivering coaching	
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19. Do you intend to take the next level of snowsport recognised coaching or instructing qualification over the next 12 months? (Please tick ONE only)

1. <input type="checkbox"/> Yes	2. <input type="checkbox"/> No	3. <input type="checkbox"/> Not Sure	4. <input type="checkbox"/> I have reached the highest level I want to achieve
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If yes, what level of snowsport recognised coaching or instructing qualification do you intend to take over the next 12 months? (Please tick ALL that apply)

1. <input type="checkbox"/> UK Snowsport Level 1 Instructor (Recreational)	8. <input type="checkbox"/> UK Snowsport Level 4 (Performance Coach)
2. <input type="checkbox"/> UK Snowsport Level 2 Instructor (Recreational)	9. <input type="checkbox"/> BASI Level 1 Alpine
3. <input type="checkbox"/> UK Snowsport Level 3 Coach (Recreational)	10. <input type="checkbox"/> BASI Level 2 Alpine
4. <input type="checkbox"/> UK Snowsport Level 4 Coach (Recreational)	11. <input type="checkbox"/> BASI Level 1 Snowboard
5. <input type="checkbox"/> UK Snowsport Level 1 (Instructor)	12. <input type="checkbox"/> BASI Level 2 Snowboard
6. <input type="checkbox"/> UK Snowsport Level 2 (Performance Coach)	13. <input type="checkbox"/> In-house training and grading system
7. <input type="checkbox"/> UK Snowsport Level 3 (Performance Coach)	14. <input type="checkbox"/> Other (please write in) _____

20. Which of the following professional development opportunities/ experiences would you like to take up in the next 12 months? (Please tick ALL that apply)

1. <input type="checkbox"/> I do NOT plan to do any professional development in the next 12 months
2. <input type="checkbox"/> National or Regional coaching conferences
3. <input type="checkbox"/> Opportunity to work with a coach mentor
4. <input type="checkbox"/> Opportunity to work with/observe another snowsport coach/higher qualified coach
5. <input type="checkbox"/> Distance/ Online learning
6. <input type="checkbox"/> Reviewing coaching books, magazines and journals, DVDs, videos, CD-ROMs
7. <input type="checkbox"/> Assistance with Personal Development Planning
8. <input type="checkbox"/> 1:1 Training Needs Analysis with a coach developer
9. <input type="checkbox"/> A coaching workshop/training event set up by UK Snowsport (SSE, SNSC, SCOW)
10. <input type="checkbox"/> A coaching workshop/training event set up by an organisation other than UK Snowsport (SSE, SNSC, SCOW)
11. <input type="checkbox"/> Talks by guest coaches/speakers from other areas/countries

21. What further professional development opportunities or experiences would support you in developing as a coach or instructor? (Please describe)

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22. Do you have further comments about coaching or instructing snowsport? (Please provide any examples of good practice concerning coaching, exciting stories, partnerships, new initiatives or projects)

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About you

23. Please provide your date of birth

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24. Ethnic origin Please tick the appropriate box to indicate your cultural background:

1. <input type="checkbox"/> White - British	10. <input type="checkbox"/> Asian or Asian British - Bangladeshi
2. <input type="checkbox"/> White - Irish	11. <input type="checkbox"/> Any other Asian background
3. <input type="checkbox"/> Any other white background	12. <input type="checkbox"/> Black or Black British - Caribbean
4. <input type="checkbox"/> Mixed - White and Black Caribbean	13. <input type="checkbox"/> Black or Black British - African
5. <input type="checkbox"/> Mixed - White and Black African	14. <input type="checkbox"/> Any other black background
6. <input type="checkbox"/> Mixed - White and Asian	15. <input type="checkbox"/> Chinese
7. <input type="checkbox"/> Any other mixed background	16. <input type="checkbox"/> Prefer not to state
8. <input type="checkbox"/> Asian or Asian British - Indian	17. <input type="checkbox"/> Any other (please write in) _____
9. <input type="checkbox"/> Asian or Asian British - Pakistani	

25. Disability

The Disability Discrimination Act 1995 defines a disabled person as anyone with a 'physical or mental impairment that has a substantial and long-term adverse effect upon his/her ability to carry out normal day-to-day activities'. Do you consider yourself to have a disability? Yes No

If yes, what is the nature of your disability? Please tick the appropriate box

1. <input type="checkbox"/> Sensory impairment (including visual and hearing)	4. <input type="checkbox"/> Learning disability
2. <input type="checkbox"/> Physical impairment	5. <input type="checkbox"/> Multiple impairments
3. <input type="checkbox"/> Mental health difficulty (e.g. severe depression, bipolar)	6. <input type="checkbox"/> Do not wish to answer

26. Gender Please tick the appropriate box to indicate your gender: Male Female

We may wish to contact individuals who have completed this coaching form to conduct follow up research on ways to improve support for coaches and to provide general information and updates from UK Snowsport (SSE, SNSC, and SCOW).

Please indicate if you are happy to be contacted in relation to follow up research	<input type="checkbox"/> Yes <input type="checkbox"/> No
Please indicate if you are happy to receive communication from UK Snowsport (SSE, SNSC, SCOW)	<input type="checkbox"/> Yes <input type="checkbox"/> No

Data Protection Act 1998

The information provided on this form may be held by UK Snowsport (SSE, SNSC, and SCOW) on its national coaching database. It will be used for research purposes and for key sporting performance indicators.

I agree to the above information being held on a national coaching database to be accessed by Snowsport England and sports coach UK to monitor coaching activity and conduct research. I confirm that the information on this form is correct at the time of completing the questionnaire to the best of my knowledge. 1. Yes 2. No

Signature

Thank you for completing our coaching form

Once completed please return by the **31st July 2009** to: sarah.smith@sportstructures.com by post to: Sport Structures Ltd. PO BOX 3949. Warwick. CV34 9AF or complete this survey online at: www.sportstructures.com/snowsport_coach